

PRESENTING THE 5TH ANNUAL

Correctional Services Healthcare Conference

Addressing the gaps, promoting multidisciplinary care and improving the
continuum of care into the community

28 - 29 August 2014 | Novotel Melbourne on Collins



NEW FOR 2014

NEW TOPICS INCLUDE: Medication Management, Telemedicine, Multidisciplinary Team Approaches, Legislating Prisoner Human Rights

CONTINUUM OF CARE FOCUS SESSION: Best Practice Examples followed by Panel Recommendations on Care Post-Release and Reducing Recidivism

PANEL DISCUSSION: Managing Inmates with Cognitive, Intellectual and Psychosocial Disabilities

First-Movers Smoking Ban Update Session led by the Northern Territory and Queensland

INCLUDING PRESENTATIONS LED BY:

St Vincent's Private Hospital Brisbane

Youth Justice South Australia, Department for Communities and Social Inclusion

University of Western Sydney

Rimutaka Prison, Wellington

Australian Institute for Health and Welfare

ACT Human Rights Commission

Brisbane Correctional Centre

Forensicare & Australasian Psychology Services

"A very informative, well presented conference covering many areas relevant to Correctional Healthcare"

Ministry of Community Safety and Correctional Services

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8.30 Registration

9.00 Opening remarks from Chair

9.10 KEYNOTE PRESENTATION

The Importance of a Multidisciplinary Team Approach in Custody

- Challenges nursing staff face working in a custodial environment - breaking the barriers
- Who forms the team? (Nursing staff, Social Workers, Psychologists, Correctional staff, Prison management) and their roles
- Thinking outside the square – how to provide a normal service in a far from normal environment
- Information sharing...why is it important?

Stephen Green, Manager, Accommodation Services, Youth Justice South Australia, Department for Communities and Social Inclusion

9.50 **Legislating the Human Rights of Prisoners: The ACT Experience**

- What are the basic rights of all prisoners?
- What makes the ACT and Victoria unique?
- What about the 'right to health'?
- Auditing compliance
- Addressing the specific needs of woman detainees, including in relation to health care

Sean Costello, Principal Legal Officer, Human Rights & Discrimination, ACT Human Rights Commission

10.30 Morning Networking Break & Exhibition Visit

MANAGING DISTINCT POPULATIONS

11.00 **Changes to Mental Healthcare Service Delivery within the Victorian Adult Male Prison System**

- Existing Custodial Mental Healthcare Services
- Service Demand
- Identified Gaps in Custodial Mental Healthcare
- Service Overview of Proposed Unit: MRC based Unit; MAP In-Reach; Transition Out-Reach; Satellite Services

Dr Dion Gee, Forensic Psychologist, Forensicare & Australasian Psychology Services

11.40 **PANEL DISCUSSION**

Managing Inmates with Cognitive, Intellectual and Psychosocial Disabilities

- Strategies to assist in the management of these cohorts e.g. staff training, adapting the environment. What is best practice?
- Following the principles of Trauma-informed care and practice: How can individuals be supported to participate effectively?
- The need to assess and formulate effective care plans which can ultimately reduce the cost of caring
- What kinds of pre-release programmes optimise community re-integration and reduce recidivism?
- Is there potential for increased court diversion for these individuals?

Dr Dion Gee, Forensic Psychologist, Forensicare & Australasian Psychology Services

Jo-Ann Brown, Senior Social Researcher, Alzheimer's Australia NSW

Nick Rushworth, Executive Officer, Brain Injury Australia

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Correctional Services Healthcare Conference

Thursday 28th August 2014

12.30 Lunch

1.30 **Increasing Workforce Capacity to Better Respond to Methamphetamines – Ice**

- Increase the capacity of workforces to better respond to and address the health and social needs of people who use amphetamine type stimulants
- Case study: Routes of administration and associated risks; Intoxication and overdose; Amphetamine induced psychosis (Risk / protective factors, symptoms and practical responses); Harm Reduction strategies; Overview of treatment and support options

Crios O'Mahony – Workforce Development Lead, Penington Institute

2.10 **Prisons for Aboriginal and Torres Strait Islander People – Meeting Physical and Mental Health Needs**

- Prison population from Indigenous and Torres Strait Islander population
- The complex health needs of Indigenous and Torres Strait Islander offenders
- Importance of culturally-appropriate prison environments
- Considerations for design
- Best Practice Examples
- Continuing issues

Dr Elizabeth Grant, Senior Lecturer and Researcher, The University of Adelaide

2.50 Afternoon Networking Break & Exhibition Visit

3.20 **Ageing “on the inside”: Catering for the Needs of Elderly Inmates**

- High % increase in elderly prisoners
- Cost-implications of elderly inmates
- Difficulties of sustaining an acceptable level of care to this group of prisoner which need increased vigilance: issues include mobility, dementia
- Viability of specialist aged-care units – justifying the expense

Ingrid Johnston, Project Manager, Australian Institute for Health and Welfare

4.00 **INTERNATIONAL CASE STUDY**

Implementing a High Dependency Unit (HDU) for Prisoners with Complex and High Health Needs

- Overview of 20-bed High Dependency Unit (HDU) at Rimutaka Prison in Upper Hutt
- Why the HDU? Housing prisoners with health issues that make it difficult for them to function independently
- Overview of residents: majority elderly
- HDU design and lessons learnt
- Plans for expansion

Jennifer Shand, Health Centre Manager, Rimutaka Prison (Wellington)

4.40 Closing remarks from the Chair

4.50 End of Day One and Networking Drinks

8.30 Registration

9.00 Opening Remarks from Chair

**FIRST MOVERS SMOKING BAN UPDATE SESSION
LED BY THE NORTHERN TERRITORY AND
QUEENSLAND**

KEYNOTE SESSIONS

9.10 **CASE STUDY**

Smoke Free Prisons – Lessons from the NT

- Case study of implementing a smoke free policy: preparation and processes
- Results from a preliminary evaluation: what worked well, what were the unexpected impacts, what have we learnt?
- Evaluation planning: methodology and data collection
- Where to from here: research to support staying smoke free following release and monitor the long term impact of smoke free policies on prisoner health

Marita Hefler, Researcher, Tobacco Control Program, Menzies School of Health Research

9.50 **CASE STUDY**

“Gone In a Puff of Smoke!” The Quit Smoking Program in Queensland Correctional Centres

- The Successful Collaboration Between Queensland Correctional Services and Queensland Health
- Queensland Smoke Free Prisons and the Process
- Nicotine Replacement Therapy...Its Use and Abuse
- Offenders, Correctional and Nursing Staff... the Effect and Affect

Suzanne Golby, Clinical Nurse – NRT program, Brisbane Correctional Centre

10.30 Morning Networking Break & Exhibition Visit

11.00 **Accessing Speciality Providers through Telemedicine**

- Allowing prison facilities to deliver high quality care without the cost and security dangers
- How does it work? Examples include two-way telehealth V2VIP service, videophones and iV2VIP video softphones for low-cost, face-to-face mental health consultations over mobile devices
- In what areas has this already proved effective? Psychiatry/forensic/mental health
- What else could be achieved with telemedicine in the future?

Prof Harry McConnell MD FRCP FRAC, Consultant Neuropsychiatrist, St Vincent's Private Hospital Brisbane

11.40 **CASE STUDY: Maximising Outcomes through Specialist Education for Correctional Nurses – Revitalising the West Moreton Prison Health Service**

- Review of the nursing model of care in offender health before and after the West Moreton revitalisation, current education levels of nurses, and progress toward future role development
- Reconciling nurses perceived training needs with those of the health district – achievements so far and future objectives for education delivery
- Budgetary implications, the business case for change and financial outcomes
- Building a sustainable workforce. First graduate nurse program in Queensland correctional centres- objectives of clinical placements limitations of the current workforce model and dreams for the future

Ashleigh Djachenko, A/Nurse Educator, Prison Health Services, West Moreton Hospital Health Service

12.20 Lunch

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Friday 29th August 2014

1.20 **CASE STUDY: Clinical Pathways and Care Planning in the Correctional Environment**

- Clinical Pathways or Care Plans – what is the difference?
- How can clinical pathways improve care in the correctional setting?
- The SA experience in developing and implementing clinical pathways and care plans across our service.

Cathi Montague, Nurse Management Facilitator (NMF), SA Prison Health Service

CONTINUUM OF CARE FOCUS SESSION: Steps to Enable an Effective Continuum of Care Post-Release and Reduced Recidivism

2.00 **SESSION 1: Breaking Out: HIV Treatment and Care when PLWHIV (People Living with HIV) Transition from Custodial Settings into the Community**

- People Living with HIV (PLHIV) who are transitioning from custodial settings are at risk of experiencing treatment interruptions and loss to follow up for vital HIV care
- The NSW Persons In Custody HIV Community Referral Project (PICHCRP) aims to ensure PLHIV who are transitioning from custodial settings back into the community receive seamless HIV service, care and support.
- Data illustrates the successful partnership between NSW Health LHD and J&FMHN staff enabling streamlined service provision and improved client health and psychosocial outcomes

Gary Hampton, Senior Social Worker, Aids Dementia & HIV Psychiatry Service

2.20 **SESSION 2: Women in Transition from Custody: Where Does General Practice fit in?**

- Patient, system and healthcare provider factors impact on transition between prison and community health care

- General practitioners are the healthcare providers most commonly accessed by women leaving custody, creating an opportunity to improve health related transition by a focus on this interface

Dr Penny Abbott, Senior Lecturer, General Practice, School of Medicine, University of Western Sydney

2.40 **SESSION 3: Exploiting Incarceration as an Opportunity to Change the Health and Criminogenic Trajectories of People who Inject Drugs**

- Justice and drug use-related research that characterises people who inject drugs who enter prison and their transitional experiences
- Evidence of program effectiveness for improving health and reducing recidivism and re-incarceration among people who inject drug
- Implications for policy and practice to prevent of adverse health and criminogenic outcomes

Associate Professor Mark Stoové, Head, HIV Research Program for Sexual & Reproductive Health; Head, Justice Health Research Program, Burnet Institute

PANEL RECOMMENDATIONS

3.00 **What is the Key to a Successful Transfer of Care Plan?**

Gary Hampton, Senior Social Worker, Aids Dementia & HIV Psychiatry Service

Associate Professor Mark Stoové, Head, HIV Research Program; Head, Justice Health Research Program, Burnet Institute

Dr Penny Abbott, Senior Lecturer, General Practice, School of Medicine, University of Western Sydney

3.30 **Chairman's Closing Remarks and End of Conference**

Correctional Services Healthcare Conference

Welcome



According to the Australian Bureau of Statistics (ABS), the number of prisoners in Australia reached over 30,000 for the first time late last year. Prisoners have significant health issues with high rates of mental health problems, communicable diseases, chronic conditions, alcohol misuse, smoking and illicit drug use. The health, well being and welfare of prisoners, both while in custody and during the transition to community, requires specialist skills and services.

The conference gathers health service directors and managers from a selection of state government agencies, key stakeholders, health managers and industry experts from correctional facilities and community health professionals across Australia to discuss how best to improve care for this sector of the community. Discussion will be centred on case studies of implemented initiatives, research presentations and discussions around how to most effectively address the most challenging scenarios.

Key themes include catering for elderly inmates, managing individuals with cognitive disabilities, effective medication management, specialist education for correctional nurses, supporting and educating families, continuum of care and reducing recidivism.

I look forward to welcoming you to Melbourne in August 2014 for an engaging couple of days!

Kind regards



Jane Schofield

**Senior Research Manager, Correctional Services
Healthcare Conference 2014**



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Register Early & Save	Early Bird Rate				Standard Rate		
	Book & Pay on or before 25th July, 2014				Book & Pay from 26th July, 2014		
Conference Package	PRICE	GST	TOTAL	SAVE	PRICE	GST	TOTAL
2 day conference	\$1,195	\$119.50	\$1314.50	\$220	\$1,395	\$139.50	\$1,534.50

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The 5th Annual Correctional Services Healthcare Conference 2014 provides an unparalleled opportunity to gain industry exposure & demonstrate your innovative solutions. You will be able to strategically position your company amongst the best of the best.

Whilst you support the sector, you can network with power purchasers and look to the future of correctional healthcare services in Australia.

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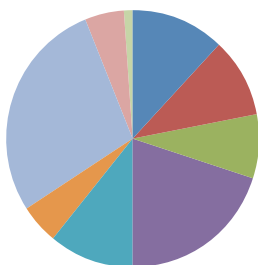
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WHO WILL YOU MEET?



State Government Justice Health	12%
Prisons/Correctional Centres Community Health Organisations	10%
Aboriginal Community Controlled Health Primary Care Providers and Allied	8%
Health Organisations	20%
NGOs and Not for Profits	11%
Other State Government Agencies	5%
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Federal Government Agencies	5%
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